

The Memorial Walk/Run is one way we can honor our loved ones who have died by suicide.

It's hard to imagine, but across Arizona, eight people a day feel such a great loss of hope that they will attempt to take their lives.

Close to 1,300 Arizona residents die each year by suicide: more than 44,000 nationally. In the wake of those numbers that are increasing every year, are the loved ones left behind.

The tragedy and trauma doesn't end with the life lost. It continues for years as the Survivors of Suicide try to grasp, understand, find a place for or move on from the huge loss they have experienced.

The Memorial Walk/Run is one way we can honor our loved ones who have died by suicide. It is one way we can process through the grief. And it is one way we can reach out to others not affected to help them understand how we all might recognize and support others in need... before it's too late.

EMPACT-SPC, a non-profit agency, works to help those in crisis as well as support those who have lost a loved one. This walk is one way to help the organization raise awareness about its services. It's also one way we can help others and raise dollars to make sure programs are available for those struggling with depression, anxiety, grief and loss.

Take a walk, save a life. Help us create a safe, strong, and healthy community.

For More Information

Please visit www.empactsos.org or contact:

Sandra McNally, Prevention Manager
480-784-1514, ext. 1219

Sandra.McNally@LaFrontera-EMPACT.org

 Visit us on facebook.

Design by One to One Creative Services
onetoonecreative.com • 623-388-4736

Sandra McNally, Prevention Manager
EMPACT-SPC
618 S. Madison Drive
Tempe, AZ 85281



*A day of healing...
a day of remembering
those we lost.*

The 13th Annual Jeremyah Memorial 5K

Walk/Run to Support Survivors of Suicide

**Saturday
February 9, 2019
8:00 a.m.**

Kiwanis Park,
Ruben Romero Corporate Ramada
Tempe, Arizona

Sponsored by



*Help Us Raise Awareness
for Suicide Prevention*

Take a walk. Save a life...
 Help us create a safe,
 strong and healthy community.

**The Jeremiah Orsini
 Memorial Walk for Survivors of Suicide**
 "Sharing Hope and Love Since 2007"

Event Information

Saturday, February 9, 2019

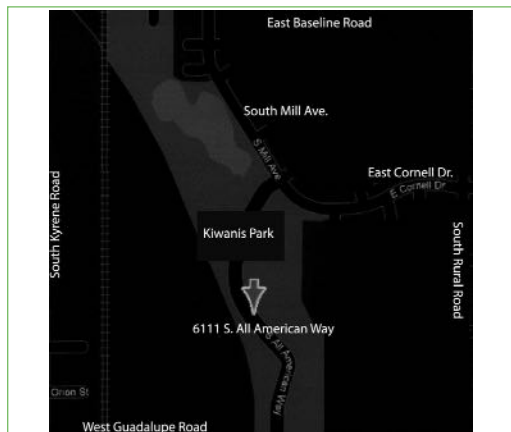
- 8:00 am Registration, Refreshments and Community Building
- 8:45 am Survivor Memorial Ceremony
- 9:30 am 5K Run begins
- 9:40 am 5K Walk begins

The Jeremiah Memorial Walk is generously supported by the Arizona Suicide Prevention Coalition, Rhonda Bannard and Sandy Levitt in honor of their sister, Gloria Levitt.

Directions

Kiwanis Park—Ruben Romero Corporate Ramada

- 6111 South All American Way, Tempe, AZ 85282 (Mill Avenue and All American Way)
- Located North of Guadalupe Road just West of Rural Road
- Access Rural from US 60 or Baseline from I-10
- Parking at site including lots off of Baseline near Mill, off All American Way and off of Mill Avenue



Corporate Sponsor

General Marketing & Printing

949 E. Guadalupe Road, Tempe, AZ 85283, 480-839-0141

Registration

Pre-registration is recommended. If you plan on registering the day of the Walk/Run, please arrive at 8:00 am.

Your Name: _____

Company: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email: _____

I/We will be walking/running in honor of:

I/We won't be attending, but please accept our donation:

In honor of

For Suicide Prevention

- Donation enclosed
- Donate/Register at www.empactsos.org
- I will be collecting donations and/or pledges

Total Enclosed \$ _____

Checks should be made payable to: EMPACT-SPC with a note for the Jeremiah Memorial Walk/Run.

Mail or fax completed registration form, along with donations, to:

EMPACT-SPC, c/o Sandra McNally, Prevention Manager, 618 South Madison Drive, Tempe, AZ 85281, Fax: 480-967-3528

Waiver: As a participant in the SOS Memorial Walk, I, for myself, my executor, administrators, heirs, devisees and assigns do hereby discharge La Frontera Arizona – EMPACT-SPC, the event site, their management, their offices, board members, employees, members, sponsors, volunteers, organizers their representatives, or their successors and all cooperating businesses from all claims of damages, demands, actions and causes whatsoever in any matter arising from or growing out of my participation or that of my child during the event.

I give my full permission for the use of my name and photograph in this event.

If I am under the age of 18, my parents have consented to my participation at the SOS Memorial Walk. I understand that La Frontera Arizona – EMPACT-SPC and all participating organizations are simply the beneficiaries of the Walk and have no liability related to the event site at Tempe Kiwanis Park.

I have read, understand and agree to the terms of this agreement. This agreement shall be as broad and inclusive as is permitted by Arizona law. If any portion of it is held invalid, the balance shall continue in full force and effect. I agree to the terms of this agreement.

Printed Name of Participant: _____ Date: _____

Signature of Participant or Parent/legal guardian if participant is a minor: _____

You Can Help...

1. Gather your family and friends and walk/run as a team;
2. Ask friends to help “sponsor” you with a pledge;
3. Ask a business to sponsor this effort by becoming a Walk partner.
 For more information visit www.empactsos.org
4. Make a donation in someone’s honor.

Pledge Sheet

All participants are encouraged (but not required) to collect donations in advance and bring them to the Walk/Run.

1. Sponsor Name: _____

Donation: _____

2. Sponsor Name: _____

Donation: _____

3. Sponsor Name: _____

Donation: _____

4. Sponsor Name: _____

Donation: _____

5. Sponsor Name: _____

Donation: _____

6. Sponsor Name: _____

Donation: _____